

## WHY ELEMENTARY SCHOOL COUNSELORS?

“Elementary school years set the tone for developing the skills, knowledge and attitudes necessary for our children to become healthy, productive adults. With a comprehensive developmental counseling program, counselors work as a team with school, parents and community to create a caring atmosphere whereby children’s needs are met through prevention, early identification and intervention.”

American School Counselors Association

### In other words ...

There is clear connection between comprehensive guidance programs and school success. With a comprehensive guidance program, all students have the opportunity to learn how important they are and to learn the skills that will help them make the most of their education.

## NOTTINGHAM WEST ELEMENTARY SCHOOL GUIDANCE TEAM

**Gloria Eno**

*Guidance Counselor*

**Meg Williams**

*Guidance Counselor*

**Peter Durso**

*Principal*

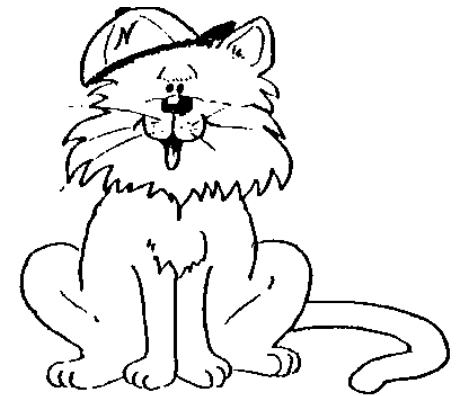
**Patricia Beaulieu**

*Assistant Principal*



## NOTTINGHAM WEST ELEMENTARY SCHOOL

### Guidance Department



10 Pelham Road  
Hudson, NH 03051  
603 595-1570

**HOME OF  
THE WILDCATS**

## Guidance Services

Classroom Guidance Lessons  
Small Group Counseling  
    Friendship/Social Skills  
    Impulse/Anger Management  
    Self-Esteem  
    Divorce/Changing Families  
    Academic Support  
Short-Term Individual Support  
Conflict Resolution/Mediation  
Crisis Intervention and Support  
Parenting Skills Training  
Consultation with Parents and  
Teachers.



## Guidance Goals

Our comprehensive guidance program works to help students learn important life skills such as:

- An awareness of self and others
- Responsibility at school and home
- Recognizing and managing feelings appropriately
- Tools for healthy friendships
- Cooperation at work and play
- Welcoming uniqueness and diversity
- Dealing with conflict, peer pressure and bullying
- Early understanding of careers
- How to make healthy decisions



## Classroom Guidance Lessons

Our classroom guidance curriculum provides all students with important learning experiences which are presented through classroom lessons.

The program addresses student needs in areas such as personal and social development, understanding character and values, making good choices and working with others.

Classroom guidance lessons are designed to be appropriate to each grade level. Counselors use parent and teacher feedback to plan and update the classroom guidance curriculum.